



Nungurner Primary School

Newsletter

Newsletter :5
16th April 2015

“Nungurner the Small School with a Big Heart.”

Dates to Remember		School Council Members	
Friday 17th April	Pupil Free Day	Bronwyn van der Velden	Executive Officer
20th—24th April	Grade 6 Doxa Camp	Rachel Bell	President
Tuesday 21st April	Principal Forum	Vicki Fraser	Secretary
Saturday 25th April	ANZAC Day	Stephen Kleinitz	Member
Monday 27th April	Parent/Teacher interviews	Louise Gibson	Member
Tuesday 28th April	Darren Chester school visit	Ross Monteith	Community Member
Wednesday 29th April	Fishcare 10am at Nungurner Jetty _Grade 3-6	Kim Kleinitz	Member
Friday 1st May	Bookclub orders due back	Jo van Dam	Member
Wednesday 6th May	Cross Country at Buchan 10.30-1pm	PUPIL FREE DAY Friday 17th April	
Thursday 7th May	School Council 3.30pm		

Welcome to Term 2

Welcome back to school everyone. We all seem to have had a good break; camping, watching movies and helping out at home and are ready for some more great learning this term.

Unfortunately, we did not return to new carpet in the multi-purpose room, much to everyone's frustration. That **WILL** be laid tomorrow while students are not here.

Next week Alistar will spend the week at the Doxa city camp in Melbourne with the grade 5/6 students from Swan Reach PS. Doxa Youth Foundation is a charitable organisation that runs a city camp for kids who might otherwise miss out on experiencing the city and our cluster of schools gets to take our gde 5/6 students once every 2 years. The schools pair up to even out numbers and we attend with Swan Reach. Alistar is in for a wonderful time, visiting places such as the Shrine, Melbourne Museum, Old Melbourne Gaol, Parliament House and the Melbourne Sports and Aquatic Centre. Each night the students get to eat at a different restaurant and have their taste buds stretched by a variety of cuisines. I'm sure Alistar will learn heaps and have plenty of stories to tell when he returns.

This term our unit of work will have a science base and will build on our learnings about Nungurner last year. We have started well and have already been pleasantly surprised by the thinking of our students. We also have a deadline....our 'Love Our Lakes' book has to be ready for publication by the 8th of May, so quiet please....serious authors at work!!

“What’s that living under our Jetty”

This term we are undertaking an inquiry-based unit of work around our local Nungurner Jetty. We will be putting on our scientists hats and investigating the animals and plants that live in the Gippsland Lakes ecosystem. We will investigate the features of a variety of plants and animals, look at food chains and food webs and consider the importance of a healthy environment to ensure the survival of plants and animals. This work will link beautifully with our efforts to publish a book for the ‘Love our Lakes’ enviro stories competition. As a part of the unit the grade 3-6 children will participate in an excursion to the Nungurner Jetty to attend a Fishcare information and fishing session. This will take place in week 3 on Wednesday 29th April. We will leave school just before 10 and return to school at approximately midday.

As always we love input from our families and local community. If you know of anybody who has expertise in caring for the Lakes we would love to have them as guest speaker. Please pass on contact details so that we can try and arrange a visit.

Cheers
Emma

We have started our unit by learning a new word!

Biodiversity

Before and After School Care

Our before and after school care program is running very well, with Audrey providing a great service to families. Next week however, Audrey will be attending the Doxa camp with Swan Reach and Nungurner grade 5/6 students in her role as an integration aide at Swan Reach. Before and after school care will be looked after by Ms V. All sessions will run, except for Tuesday afternoon. Thanks for your great work Audrey....enjoy your time in Melbourne.



Anzac Day

To commemorate 100 years since the Gallipoli landing, Metung RSL are honouring local WW1 soldiers as part of the Anzac Day ceremony. Local school students will read short profiles of each soldier.



Nungurner gde 3/6 students are all practising their parts as we speak, and will bring them home today so you can help them too. We will also make wreaths to lay on the day. We hope all families will be able to attend the ceremony on the Metung village green, starting at 11:00am.. Students are asked to wear school uniform.

Darren Chester to Visit

On Tuesday April 28th Darren Chester, Federal Member for Gippsland, will be visiting Nungurner.

The main purpose of Darren’s visit is simply to get to know Nungurner primary school, our people and circumstances. While he is here we have asked Darren to talk students about the importance of the Gippsland Lakes and efforts to protect them. Students will also be able to ask Darren about his role and to get a glimpse into how our government works.

Darren will be at Nungurner from 2-3pm and everyone is most welcome to join us.



Potatoes for Ninky

Could families please send along washed potatoes (1 big and 1 small) for each child asap?

The students will be doing an art project to coincide with a picture book she will be reading next week.

Thank you for your support of The Art and Literacy program (and Ninky).

Yesterday we watched a video called 'The Web of Life' as an introduction to the idea of biodiversity. We thought about some questions to help us and worked with our buddies. These are some of our responses.

Lara & Sarah

What does 'The Web of Life' mean?

We think the web of life means animals are depending on each other. Sometimes they are friends but sometimes they eat each other.

Alistar and Jack

How can people help biodiversity?

We can help biodiversity by cleaning out the rivers and lakes.

Clean the river so animals can drink clean water.

Amara & Rusty

What different kinds of environments did you see in the video?

We saw rainforests, deserts and the ocean.

Holly and Jackson

What is special about our mammals and frogs?

They are one of a kind.

Parent Teacher Interviews

Our Parent Teacher interviews will be held on Monday the 27th of April between 2pm and 7pm.

Students also attend interviews and are part of the discussion about their learning. As well as reviewing progress so far, we will set goals for each student's learning for this term. These will be reviewed and updated at the end of each term.

The interviews are allocated into 15 minute time periods, if you feel you need more than 15 minutes please let Bronwyn or Emma know.

Could you please indicate on the table below, by writing your name in the available time slot, which time would best suit you to meet

Time	Emma Steele	Bronwyn van der Velden
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Parenting Ideas—Michael Grose

DO LESS, NOT MORE, FOR YOUR KIDS

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.

The basic task of parenting, whether you have a two year old or a twenty-two year old, is to work yourself out of a job at the first possible chance.

REDUNDANCY should be the aim of the game! We never become redundant in a relationship sense – the emotional connection between our children and us is never severed. In a practical, physical way we need to make children less, rather than more, reliant on us. Developing independence is really about stepping back to allow children in. Doing less rather than more!

We develop greater independence in our kids one job at a time.

Recently I gave my 22 year old son a job that I had been doing for a while. He lives in North America and I had taken on the job of being the connector between him and one of his sisters, who lives in the UK. It had been my job to pass messages on between the two via telephone and emails. I would update each of them about how the other sibling was going. Frustrated being the go-between I made sure he had contact details and let him know that it was his job, not my job, to connect with his sister.

We easily take on children's responsibilities

It is easy as parents to take on the jobs and responsibilities that really should belong to our children. With toddlers it is so easy to dress, feed and clean up after them rather than give these jobs over to them. With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them. And as I discovered, it is easy to still do the basics of life for adult-aged children.

TIP NO. 1 for developing independence:

Be clear about who owns jobs or tasks in your family and never take on a child's job, or part of a task, unless there is extenuating circumstances such as illness.

A mother I met recently is very clear on who does what in her home. It is her job to wash the clothes of her early teenage children but it is their job to place them in the washing basket. She doesn't check bedrooms as it is not her job to place kids' clothes in the washing basket. Okay, I can hear your thought processes. Sounds good but what happens if kids don't give a toss and they don't mind being dirty. Good point. In this case, this mum has a son who is, to say the least, fairly slack in the area of hygiene. But she didn't become overly fussed about that. She certainly didn't get fussed when he played a game of football in the wet, muddy jumper that lay in his sports bag for a week. And she happily showed him how to work the washing machine when he wanted his favourite shirt (that he forgot to put in the washing basket) to be washed for a special night out.

TIP NO. 2 for developing independence:

Never be more worried about a child's job than they are, otherwise it becomes your job, not theirs.

This mum remained very clear that it was her job to wash the clothes but not to place them in the washing basket. She would remind kids about washing night, but never nag them to put clothes in the basket. She knows that as soon as she keeps reminding them, it becomes HER job rather than her children's job to put the washing in the clothes basket.

The school holidays provide a good opportunity to reflect on the whole notion of job-sharing. It's also a good time for kids to increase their job load when they are not burdened with schoolwork and extra-curricular activities.

Here's my challenge for you: Think of a job that you regularly do for your child that he or she can do for him or herself. Then step back and enable your child to do that for themselves on a full-time basis. Do less not more for your kids.

If you do that, then you can congratulate yourself as you have moved one step more toward REDUNDANCY.

Community Notices

NetsetGo Lakes Entrance

ANZ NetsetGO is a Netball program aimed for children between 5-10yrs of age and aims to provide them with an introduction into Junior Netball. Incorporating fun games, skill activities, music, dance, and modified matches this is a great experience for all participants.

Registrations this year will be completed online at netsetgo.asn.au. Looking for parent helpers, no experience necessary. For all enquiries please contact Kirsty Atkinson on 0409182268 or at candk6@bigpond.com or Kylie Curnow at kylie.curnow@bigpond.com



East Gippsland Schools' Basketball Competition



The Bairnsdale District Amateur Basketball Association invites schools to enter teams into next seasons' basketball competition. There are a range of competitions from Junior Primary up to Middle Secondary. In the primary school competitions teams are mixed and in secondary competitions teams girls and boys have their own draw. Small primary schools can seek an exemption to allow players to play up or down year levels to enable them to make up numbers.

Competition	Year Levels	Outline
Junior Primary Basketball	Prep, Year 1 and Year 2	Half Court, lower goals, 2 x 10 Minute halves.
Senior Primary Basketball	Years 3 and 4	Full Court, 2 x 20 minute halves.
Middle Primary Basketball	Years 5 and 6	Full Court, 2 x 20 minute halves.
Junior Secondary Basketball	Years 7 and 8	Full Court, 2 x 20 minute halves.
Middle Secondary Basketball	Years 9 and 10	Full Court, 2 x 20 minute halves.

Why Basketball?

It is not affected by weather.

Games are short in time and high in activity.

You only need a minimum of 5 players per team – you can have more.

General Information

Costs: \$50 ins/rego and \$5 door entry

Uniforms: Teams can organise their own custom uniform or standard uniforms can be supplied.

Nights and Times: Games are played on Tuesday nights. The primary school games start at 5pm. Secondary School games start at 6pm.

Information: For more information contact Bec White on 0403838781

Registration: To register your school team contact Bec White or simply complete the form attached and fax it to 51531792

Community Notices



VICTORIA POLICE

BRHS Bairnsdale Regional Health Service

KEEP YOUR KIDS SAFE AND HEALTHY USING SOCIAL MEDIA INCLUDING FACE BOOK

FOR PARENTS OF PRIMARY SCHOOL AGED STUDENTS.

LEARN WHAT CHILDREN ARE DOING ON THE INTERNET.

HEAR SOME PRACTICAL ADVICE TO HELP KEEP YOUR KIDS SAFE AND TO PROMOTE HEALTHY MINDS.

SPEAKERS

LEADING SENIOR CONSTABLE TONI REDSHAW-Youth Resource Officer, Victorian Police

Toni has been working in the Sexual Offences and Child Abuse area in East Gippsland for over 25 years and is now our police Youth Resource Officer. She has a local knowledge of the issues faced by our East Gippsland families and will outline what kids are doing on line and the problems that they may come across. Toni will discuss some of the legal problems that they may encounter. Dangers are real and parents should not believe "these will not happen to their children". You will leave feeling more confident, a better understanding of the risks and practical advice to help keep your kids SAFER.

ANNE CROSS Community Health Nurse, Bairnsdale Regional Health Service

Anne also has over 25 years of experience working with local school aged children. She has worked in most local primary and secondary schools in health education and health promotion. Anne will outline some of the issues that impact on children and youth that can lead to poor mental health outcomes and risky behaviours such as drug taking and self-harm. Parents will take home some simple strategies to help promote healthy relationships and healthy minds.

WHEN? WEDNESDAY APRIL 22ND AT 7.30 PM

WHERE? CELL CAFÉ (Old Police Station), 155 NICHOLSON ST, BAIRNSDALE

COST? GOLD COIN DONATION

There will be some information to take home on the night.

NOTE* TO ATTEND PLEASE CONTACT AND RSVP AT YOUR SCHOOL OFFICE.