Congratulations William

William represented Nungurner proudly at the East Gippsland Student Achievement Awards recently. He received his award for ‘Outstanding achievements in School Leadership, Academic and Sporting Excellence’. Well done William!!

Amber, who is 7 today!

Having lunch at Apex Park on the way back from swimming.
We love the new playground!
The Great Science Expo

I experienced great pride when receiving fantastic feedback from parents after our Science Expo on Tuesday the 23rd of August. It was a great opportunity to share the children’s fantastic work and yet another example of our inclusive and supportive school community.

Thank you to all of the parents and family members who were able to attend. The children and their teachers felt so proud to share their learning. We thoroughly enjoyed the night and it was great to share a meal together and catch up with one another at the end of the presentation. Thank you to Martina and the children for their delicious meal preparation. Yum! ...and thank you Brenda for the yummy honey joys!

Here are some recounts of the night from the children’s perspective. Keep an eye out in the Bairnsdale Advertiser and Lakes Post for some student writing about the event.

Emma
The Great Science Expo

Our Science Expo
On Tuesday we had our science expo. Our families came and had dinner at school. Emma and Ms V talked about what we had been learning about, ‘What is it made of...How does it work?’. After that we saw if our Rube Goldberg machines worked. Some of them worked and some of them didn’t. It was dark when we went home. We all had fun at the science expo.
Gde P/1

Nungurner primary school 2016 science week expo
On Tuesday the 23rd of August all family, friends and community of Nungurner primary school were invited to the school for an incredible night, and that it was. It was the Nungurner primary school 2016 science expo! Everyone had great fun and it felt so good to show of our Rube Goldberg machines that we had been making for weeks on end. A Rube Goldberg machine is a very complicated machine to do a simple task, for example a machine that would take up a whole page just to open a door. Most machines were to crack an egg but my machine was to play a symbol and knock a tower. I did this because I wanted my machine to be unique. After we had shown off our machines and some of the kids had been interviewed by our teacher Emma we had a brilliant dinner prepared by the kids. Then some kids showed off our power points, then we went home. It was a great night and everyone had fun.
By Lara.T grade 4

Nungurner Primary School Science Week Expo.
On Tuesday the twenty third of August Nungurner primary school had a science week expo. We had to make a power point presentation and a poster about our Rube Goldberg machine. Rube Goldberg was a famous cartoonist for the newspaper in America. We were making the machines for a few weeks before we showed them to the community. We did this unit of work to teach us about different forces and how things can make chain reactions. The kids cooked a meal for the community. It was a great night on Tuesday. The food was good and so were the presentations. Everyone liked it.
By Ethan Bury.
Our Science Expo

On Tuesday 23rd August, 2016 we had an outstanding night. We had a great time at our Science Expo. We had dinner and everybody had the chance to have a great talk to one another. We tested our Rube Goldberg machines.

A Rube Goldberg machine is a very complicated machine that does a simple task. Rube Goldberg was a famous cartoonist. His cartoons show wacky inventions that go all over the place. All of our parents came to our science Expo. At the Expo we shared our work on ‘What is it made of? How does it work?’ We presented our biographies on Rube Goldberg, showed our posters on different materials and tested our Rube Goldberg machines. Some of the machines cracked an egg, whilst others released banners, banged a symbol or made a fan and light switch turn on.

We had a great night. All the kids made dinner for the parents. We made the Rube Goldberg machines because it was fun and to educate us about forces and also to teach us that we need to persist when learning. To make our machines we had to keep working away at the problems we encountered. We were all very proud to share our learning.

Blair Johnson

Nungurner Primary School’s Science Week Expo.

On Tuesday 23rd August, 2016 Nungurner Primary School had a smashing science night. All of the parents and children came to our science expo.

First our teacher Emma interviewed us about how we managed our learning whilst making our Rube Goldberg machines. After that all of the kids showed the parents their Rube Goldberg machines that they had made over the past few weeks. The Rube Goldberg machines are complicated machines that do a simple task. The last machine was William’s. His machine pulled down a banner that said, “National Science Week 2016!”

After presenting our work we had noodles for dinner that were made by the children, with some help from one of the parents. When we were having our dinner the grade 4/5 students showed their parents their powerpoint biographies that they had written about Rube Goldberg. I thought it was an amazing night. It was great to share our learning and our machines with our parents.

We all felt proud of ourselves!

By Phoebe Draeger

What a great night!
The kids enthusiasm for their learning was self evident!
Thanks to Emma for all the extra work she put in to make this a success; supplying lots of the materials used, putting up displays, organising the meal preparation etc. Many thanks to families for their support during this project and on the night.

Ms V
The Nungurner Children’s Art and Environment Day is only 2 months away.

The purpose of the day is to provide a day of artistic activities which promote child development and well-being and give children the opportunity to participate in and gain enjoyment from arts-based activities.

The proposed date for this event is Saturday the 22nd of October, 10am-3pm during Children’s Week and all activities will be free.

A few of the art workshops/activities we aim to run include:

- Indigenous Cultural Activities with Cassie Leatham
- Singing Workshop with Eva Grunden
- Mindful art workshops with Dee Howlett
- Recycled Art workshops with Kate Shone
- Eco cubby building workshop with Norm Borg
- Music workshops with Nick Fischer
- Fun clay workshop - help needed
- Wool spinning, knitting - Jo Van Dam, Alyson Horne
- Finger knitting, knitting, wool art demonstrations - helpers needed
- Plant a garden using recycled containers - help needed
- Plaster Painting with Ninky, extra person needed
- Science demonstrations with Pete Roberts
- Find a fossil with Vicki Fraser, extra person needed
- Crashendo youth orchestra performance
- Woodwork workshop with Craig Tincknell, Wally Van Dam, extra people needed
- Sensory play area for under 5s - help needed to monitor
- Circus skills/Yoga for kids with Tanya Garland
- Healthy options food stalls - helpers needed
- F(route) Cart
- and more……………………………..

We would love the Nungurner children and families to come along on the day and participate in these art workshops. We are looking for some extra helpers on the day to assist with the workshops, food stalls, setting up etc. If you are able to help or if you know someone who would be interested in helping, we would greatly appreciate any assistance offered.

We are looking for materials for some of the workshops including large cardboard boxes, cardboard tubes, sheets, blankets, long poles or branches, large pieces of bark, recycled containers for planting succulents i.e. tins, teapots, leather boots. If you have any of these materials we would greatly appreciate them being dropped off at the school.

Also if you know of any local artists who would like to promote their art/studio or would like to have their art for sale, please let us know. We would like to help promote the local artists too.

Please speak to Vicki Fraser or Rachel Bell for more information: Vicki: 0417 586 856 fraser.victoria.e@edumail.vic.gov.au and Rachel Bell: 0428 492 151
The Nungurner Children’s Art and Environment Day is set for Saturday the 22nd of October. We have lots of fantastic opportunities for the children to participate in artistic workshops. We have many parents already volunteering to help out on the day. If you are able to help out in any way we would greatly appreciate your assistance. Please let Vicki or Rachel know if you would like to help.

<table>
<thead>
<tr>
<th>Workshop/Activity</th>
<th>Artists/Volunteers/Helpers</th>
<th>Jobs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Set Up/Pack Up</td>
<td>Vicki Fraser, helpers needed</td>
<td>Set up marquee, set up tables, registration</td>
</tr>
<tr>
<td>Registration for workshops</td>
<td>helpers needed</td>
<td>Taking enrolments for artistic workshop</td>
</tr>
<tr>
<td>MC</td>
<td>helper needed</td>
<td>Welcome, Thank you to the Shire for supporting the Nungurner Children’s Art and Environment Day, thank you to the Artists and Nungurner Community for coming along today. Introduction of people: Mayor, Tim Bull, Children and Parents, Introduction of Crashendo Orchestra, Enjoy the workshops please buy some food if we raise some money we can run this event again.</td>
</tr>
<tr>
<td>Indigenous Cultural Activities</td>
<td>Cassie Leatham</td>
<td></td>
</tr>
<tr>
<td>Mindful Art workshops</td>
<td>Dee Howlett</td>
<td></td>
</tr>
<tr>
<td>Recycled Art Workshops</td>
<td>Kate Shone</td>
<td></td>
</tr>
<tr>
<td>Eco Cubby Building</td>
<td>Norm Borg, 2 helpers needed</td>
<td></td>
</tr>
<tr>
<td>Music Work Shop</td>
<td>Nick Fischer</td>
<td></td>
</tr>
<tr>
<td>Singing Workshop</td>
<td>Eva Grunden</td>
<td></td>
</tr>
<tr>
<td>Fun Clay Workshop</td>
<td>2 helpers needed</td>
<td>set up tables, tools, monitor clay</td>
</tr>
<tr>
<td>Wool Spinning, Knitting, Finger</td>
<td>Alyson Horne, Jo van Dam</td>
<td></td>
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<tr>
<td>Plant a succulent garden in a recycled container</td>
<td>Ninky, helpers needed</td>
<td>monitor Soil, containers, succulents</td>
</tr>
<tr>
<td>Plaster Painting</td>
<td>Ninky</td>
<td>tables, chairs, brushes, paint</td>
</tr>
<tr>
<td>Science Demonstrations</td>
<td>Pete Roberts</td>
<td>tables, chairs, science materials</td>
</tr>
<tr>
<td>Find a Fossil, clean and label a</td>
<td>Vicki Fraser</td>
<td></td>
</tr>
<tr>
<td>Crashendo Orchestra Performance</td>
<td>Crashendo Team</td>
<td>set up chairs, PA, microphone</td>
</tr>
<tr>
<td>Woodwork Workshop (tool box/nesting box)</td>
<td>Craig Tincknell, Wally van Dam, extra helpers needed</td>
<td>set up tables, Bunnings marque, assisting with construction (tools, wood and materials supplied by Bunnings)</td>
</tr>
<tr>
<td>Sensory Play Area for Under 5s</td>
<td>helpers needed</td>
<td>Set Up Tubs and sensory materials, monitor play area for Sensory Play</td>
</tr>
<tr>
<td>Circus Skills/Yoga for kids</td>
<td>Tanya Garland</td>
<td></td>
</tr>
<tr>
<td>Food Preparation and Sale</td>
<td>Lions - BBQ, helpers needed for food</td>
<td></td>
</tr>
</tbody>
</table>
Child Safe Standards

In response to the Royal Commission into child abuse and the ‘Betrayal of Trust’ report organisations which deal with children in our community are now required to meet new standards to ensure they provide child safe environments and take steps to minimize the risk of physical, sexual and emotional abuse of children. Our response to these new standards and some new policies were presented and discussed at our August school council meeting. These new measures include:

- A Child Safe Environments Policy, which outlines our commitment to child safety
- A code of conduct that establishes clear expectations for appropriate behaviour with children
- Processes for responding to and reporting suspected child abuse
- Strategies to identify and reduce or remove risks of child abuse.

Last term we completed the Protective Behaviours Program with our students; research has shown that children who have knowledge and strategies to identify and deal with times or situations in which they feel unsafe is the best way to protect children from potential abuse.

As a school community we are all dedicated to the wellbeing of the children at Nungurner, and we all share a responsibility to ensure they are as safe as possible at all times.

If anyone has any questions about our Child Safe policies or would like more information, please come and see me.

Bronwyn van der Velden

Gymnastics!!

Gymnastics has been a big hit with all students and they are improving their skills and learning new ones each week. If the use of the monkey bars at school are anything to go by, I bet there are some couches, beds, trees etc that are being climbed on, swung from etc at home!! (No broken bones so far...touch wood).

Next term we hope to organise some tennis clinics, and may even be able to have some matches with other schools.
Another term has sped by, with art, cooking and gardening activities decreased because of our excellent swimming programme. However, the students have ‘tie-dyed’ material with coloured ice cubes, decorated wooden spoons and forks for plant labels, made peanut noodle sculptures, tooth pick and plastici- cine models and coat hanger faces. We’ve had our first clay play, experimenting with clay, which resulted in many and varied creations. The students worked really hard to make their Father’s Day cards and crowns and I’m sure all fathers wore their crown throughout the day (whether crowns fitted snuggly or not. I hope you all had a great day. We have started to put two scarecrows together in the hope of frightening off the scavenging birds and kangaroos away from our vegie patch.

Helen Nink

**Some small changes to our timetable.**

Hot lunches: Due to swimming and other activities this term we have put our cooking/ gardening program on hold until next term. As next week is the last week of term we will be having a BBQ lunch on Friday in place of hot lunches on Wednesday.

We are also saying ‘Bye for a while’ to Rose O’Sullivan who has been helping out on a Friday. Rose is off for a while due to some medical procedures. Many thanks for the help you have provided Rose; we will miss you and we wish you all the best. Hope to see you back in top form later in the year.

As Rose is not available, Helen Nink will be working all day on Friday instead of 2 afternoons, to ensure we have 2 staff members at school.
Ms V will take over gardening on Tuesday afternoons next term.

**End of term celebration**

As next Friday is the last day of term we will be having our end of term celebration. We will be watching the movie ‘Hugo’ and having a BBQ lunch.
Several of the students in Emma’s grade have read the book about Hugo and his invention and they loved it!
Families are invited to join us for a BBQ lunch at 12:30pm.

Early dismissal will be at 2:00pm.

**Visit from Regional Director**

Last week we had a visit from Steve Gneil, the new Regional Director of Education for South Eastern Victoria Region. Steve is responsible for schools from Dandenong to the border and is getting around to as many schools in the region as he can. He was suitably impressed by our students, the great learning he saw evidence of and our beautiful school grounds.
Bairnsdale LiVgFJMle AthleVgF1Mcs Club

The Bairnsdale LiVgFJMle AthleVgF1Mcs Club is eVuniRR7:cited about the 201VuniRRUq OlymVuniRR7Ric Games!

We have 4 Fun Events that VuniRR77e VuniRR77ould liVuniRRqQe to VuniRR77armly invite the students from your school to aVgFJMend.

Rio Fun Night - Monday 22nd August - We are running a sVuniRR7Recial VuniRR7Rrogram to celebrate the OlymVuniRR7Rics starVgF1Mng at 4.30VuniRR7Rm at VuniRRF:oVuniRR77iVgFJM ParVuniRRqQ!

Come and Try night number 1: Monday 29th August, 4.30pm, VuniRRF:oVuniRR77iVgFJM ParVuniRRqQ

Come and Try night number 2: Monday 5th September, 4.30pm, VuniRRF:oVuniRR77iVgFJM ParVuniRRqQ

There is no need to register for the VuniRRJ7Come and TryVuniRRJ7 nights. Please just come along and see if you liVuniRRqQe VuniRR77hat the club has to offer. Little Athletics runs for 2 terms on Monday nights and is a fantastic way to learn new skills, have fun keeping fit and being active with friends. It is a great way to meet and compete against students from other schools and to ultimately improve your own results in athletic events. We have an excellent team of helpers and we are looking forward to the season ahead.

The first competition night is after the school holidays on Monday 3rd October.
Community Notices

Registration and Training Day

Metung-Swan Reach Cricket Club
2016/17 Season

Juniors (U13 & U16) & Seniors
Registration & Training Day
Sunday 11 September 2016  11am-1pm
Swan Reach Football Ground

Contact: Shannon McVeigh
Ph:0481225695

Fee exemption for U13 players

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OUTDOOR SUMMER SOCCER
2016 REGISTRATIONS

When: Tuesday September 6th & Wednesday September 7th
Where: At Howitt Park Clubrooms, Princes Hwy, Bairnsdale
5:00 – 7:30pm

Season Length: October to December

7-a-side League – Junior, Youth & 6-a-side Senior
Youth (Mixed Gender) ages (9-10) (11-12) (13-14) - Play
Thursdays $65
Under 18’s (Mixed Gender) ages (15-17) - Play Mondays $65
Women - Play Mondays $90
Men - Play Wednesdays $90

Kinder & Junior Program
Kinder (Mixed Gender) ages (3-4) Play - Tuesdays $50
Junior (Mixed Gender) ages (5-6) (7-8) Play - Tuesdays $50

Payment: Must be received on or before registration nights
– No Exceptions

For full details including online payment options search
East Gippsland United Football Club on Facebook – Available September 25th, 2016
Code Club
Scratch for Beginners

YMCA Kindergarten
Open Days and 2017 Enrolments

Enrolment applications open 1st June 2016.
Enrol online at www.kindergartenymca.org.au.
Email ykm.emnrolments@ymca.org.au or call 5329 2810 for more information.

Important information for families who have a child eligible to attend Kindergarten or Pre-Kindergarten in 2017

We are still taking enrolments for these kindergartens:
Lakes Entrance Preschool-(03) 5155 2061
Mallacoota Preschool-(03) 5158 0413
Orbost Preschool-(03) 5154 1514
Swan Reach & District Preschool-(03) 5156 4562
Families are welcome to visit kindergartens at any time but we encourage you to call the kindergarten to arrange a time where staff will be available to answer questions without disruption to the session.

Enrolments opened Wednesday 1st June 2016 but we are still taking enrolments. See website for more information regarding enrolment timeline and critical dates.
Zucchini Clan

Live in Lakes Entrance

12.30—2pm, Saturday, 17 September

Lakes Entrance Surf Lifesaving Club

Zucchini Clan stars Professor EcoCentric, a brilliantly bemused old-world curiosity, and Miss Lily Pilly Green, a charmingly cheeky advocate for sustainable communities. The hapless old Professor (who had been “asleep” for 100 years) is taken on a journey of reminiscence and enlightenment by Lily and audience through song and story in a delightfully preposterous musical pantomime. But when his ingenious “box of beats” invention malfunctions, his radical transformation into the happening MC Electro C launches him splendidly into the 21st century! With unique songs, flamboyant costumes and kooky, madcap hilarity, Zucchini Clan Land brings out the big kid in us all. This is inspired entertainment for free range kids, families and fine, funky & freey folk of all ages!

$10 per ticket for bookings online at https://www.trybooking.com/224573

Or phone Annie on 0467057593

Proudly presented by the East Gippsland Greens Branch.
Helping kids focus in the age of distraction

By Sarah Wayland

Finding ways to turn your kids from flitters to focusers – how teaching your children to ‘stick with it’ can have lifelong benefits.

As a society we often debate about the ‘right’ amount of screen time, and with the introduction of personal screens over the last decade, to add to TV, laptops and desktops, the focus on a single task has slowly ebbed away. The British Psychological Society found that too much screen time (more than their recommendations of no more than 2 hours per day) could unintentionally cause permanent damage to a child’s still-developing brains. Impacting the capacity to focus, to concentrate and to give attention to tasks.

Distraction is often managed through the delicate art of re-direction or encouragement to combat the ‘but I just can’t do it!’ However, has this brave new world of binge watching TV, entertainment on demand and socialisation via hand held devices created kids that always have options for those tasks that require some stubborn determination? If so how might this new way of living and relaxing challenge our kid’s capacity to stick with a difficult task when they have a world of entertainment at their disposal?

Dr Daniel Goleman, an award-winning psychologist and TED speaker, emphasises the need for people to engage in skills that foster emotional intelligence. Goleman’s belief is that ‘Kids learn best when they can maintain sustained attention, whether to what a teacher is saying, their textbook, or their homework. The root of learning is keen focus; distractions kill comprehension. But the new normal for young people continually interrupts their focus with distractions.’

Neuroscientists tell us that the more a young person can practice keeping focus and resist distraction, the stronger and more richly connected this child becomes. By the same token, the more distracted, the less so. Rebecca finds that the evidence is clear in our own homes and in classrooms ‘we now have young people who are experts at ‘flitting’ from one device to another’ and she refuses to take a defeatist approach because without refocussing those ‘flitters’ to ‘focusers’ who risk the next generations creative or scientific masterminds we risk losing children who are able to ‘sit still and agonise over a task long enough to see it through to its marvellous end’

Tips for helping kids maintain focus and attention

1. Build your child’s focus

As with all tasks the aim is to start small and build your child’s capacity to master the concept of ‘sticking with it’. Cath, a school counsellor, finds that she can use the same strategies with the teens she works with and her primary school aged children when she gets home: ‘it’s all about breaks and rewards. Set a timer between breaks and then on a break they need to do something active like a push-up. Then there is a little reward for staying on task for a particular amount of time.

2. Remember it’s all about the journey

Parents and researchers agree that understanding what can be gained from being focused is the key to engaging your ‘flittering’ child. Our solution driven society is often focused on what we receive at the end rather than the process to get there. Teaching your children to tolerate the unexpected can have wonderful benefits, as can sitting with something that may have previously been viewed as unachievable.

3. Keep calm and focus

Use calm methods to engage children who become distracted: ‘breathe, relax and high five each other’ when working alongside your child or when with a group of children. Talk about what might be achieved at the end and make it a fun process.

Screens, for all their negatives and benefits, are here to stay. Many argue that they provide complexity and new experiences to our children’s world by identifying exciting technologies but they also provide avenues to ‘opt out’ of the hard yards.

Reaching what you thought was unattainable by engaging in a single focus and ‘sticking with it’, can provide lifelong lessons.